



# *a different kind of love*

## 12 WEEK SUPPORT GROUP FOR SURVIVORS OF DOMESTIC VIOLENCE

YOU'RE NOT ALONE - LEAN ON EACH OTHER FOR SUPPORT  
LEARN THE DYNAMICS OF ABUSE  
IDENTIFY RED FLAGS VS. HEALTHY RELATIONSHIPS  
IMPLEMENT BOUNDARIES  
LEARN COPING & GROUNDING TOOLS FOR PTSD  
SHED FALSE BELIEFS ABOUT YOURSELF  
PRIORITIZE SELF-CARE  
REGAIN HOPE & TRUST  
LOVE YOURSELF

SPOTS ARE LIMITED. CALL TO  
SCHEDULE AN INTAKE BY AUG 1ST.

1011 GORGE BLVD.  
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